

Substance Use and Youth

presented
by:

Recovery Alberta

It is common for youth to have many new experiences as they age, including trying out substances such as alcohol or cannabis. With their minds and bodies still developing, substance use may lead to or affect physical or mental health. This session will provide you with tools and resources to have meaningful conversations with the children and youth in your life.

**Wednesday April 23, 2025
6 - 8 PM**

**Georgina Thomson Building
772 Northmount Drive NW**

RSVP to christina.buchan@calgary.ca



FREE EVENT
***snacks & refreshments
included**



MENTAL HEALTH
COLLABORATIVE



Brought to you by the Huntington Hills Community Wellness Series